



Sauer Health Care * 1635 West Service Drive * Winona, MN * www.sauerhealthcare.org



Celebrating July

Parks and Recreation Month

Women's Motorcycle Month

Ice Cream Month

Canada Day

July 1

Independence Day (U.S.)

July 4

Strawberry Sundae Day

July 7

Ventriloquism Week

July 18-21

Tell an Old Joke Day

July 24

**International Day
of Friendship**

July 30



Sauer Health Care will once again be participating in the Food Fight Against Hunger Challenge with our fellow Senior Living Communities. All 4 teams will be working hard through the month of July to be the facility who gathers the most donations for our local food shelf at Winona Volunteer Services. At the end of the month each facility will be weighing in their donations and the winner will be announced.

Let's show the other facilities that Sauer Health Care may be the smallest but that doesn't mean we don't have the biggest heart! Donations of food or cash can be brought to the facility. Bins will be available for food starting July 1st.

\$1 = 2 lbs. of food (cash donations can be given to our Administrator, Sara Blair, or TR staff)

Thank you in advance for your participation as we have some fun serving our community!

Mark your calendars!

⇒ **Alzheimer's Walk: September 22nd 9:00 am in Winona. We have a large group of walkers so far, please let us know if you'd like to walk with us or go to act.alz.org/walk to find the Winona Walk and search for our Sauer team.**

Resident Memorial Service

All residents, staff and families are invited to attend a brief service, which will be held in the Chapel, to remember our residents who passed away while at SHC from

July – December 2017

The service will be held on

July 19th at 4:00 pm.

Light refreshments will be served afterward.

Memorial Services are scheduled twice yearly to give time to recognize and remember those who have passed on while a resident of SHC.



Residents we are remembering at this service:

Warren Anderson
Jeffrey Brennan
Vicky Gribbons
Jeannine Husser
Evelyn Janzow
Harold Johnson
David and Betty Lovlien
Dorothy Mahlke
John Morken
Marie Schladinske
Mary Sheets
Renita Sobotta

Outings for the month of July

Residents must sign up with the TR Department staff or turn in an outing sign-up sheet located on the activity bulletin board by the elevator to take part in special events.

7/6 – Culver's Lunch Order-In (\$)
7/11 – Breakfast at Winona Family Restaurant (\$)
7/13 – Tours of Winona
7/19 – Shopping at Walmart (\$)
7/24 – Liver & Onions Eat-In
7/25 – Eagle Center Outing (\$)
7/27 – Picnic in the Park
7/31 – Waffle Breakfast Eat-In

Sign-Out Reminder!

Please remember that all residents need to sign-out on the clipboard by the nurses station before leaving the building with family or friends. Information on the clipboard is a vital communication tool for nursing staff and includes:

- Resident Name
- Name of who the resident is with
- Phone number of responsible party
- Time of departure
- Time of expected return.

Thanks for your help!

Thank you to all those that donated for our blood drive on June 19th. We had a total of 32 donors!



Gift Idea

Looking for a gift idea for a resident? How about music! Music is the perfect gift that



THE GIFT OF MUSIC

provides enjoyment and entertainment not only for your loved one but for their friends and peers too. Musical entertainment prices vary widely,

from \$35 - \$100. Contact Janna in the TR office if interested in sponsoring musical entertainment.



with music by Jim Sexton at 2:30 pm!

Bingo Callers Needed!

Do you have one Friday night available each month to have some fun with our residents? We are in need of Friday Night Bingo helpers! Volunteers arrive around 6 pm to help gather a few residents. The game starts at 6:30 and goes for about an hour. That's it! Great way to have fun and provide an extra activity for our residents.

If you would like to help out or want more information please contact Janna at jjacobs@sauerhealthcare.org or call 507-494-6290.